



Dev

Senior Physiotherapist

"I finish every day feeling like I made a difference."

Meet Dev, a senior physiotherapist. He describes using his passion for physiotherapy to enable people to stay in work.

What attracted you to PAM Physio Solutions?

I decided I wanted to be a physiotherapist at the age of 12, after I broke my arm several times and was helped by some amazing physiotherapists. After studying physiotherapy at university, I went into private practice, working on NHS contracts. It was a very challenging caseload of 75-80 people a week and felt like that's all I'd be doing for the next 40 years. I wanted to keep learning, so joined PAM Physio Solutions to move into occupational health and widen my career options.

How has your career progressed since then?

As soon as I joined, I was told about all the things I could learn to add more strings to my bow and quickly moved into a senior position. My typical day now involves managing a team of physiotherapists and doing my own clinical work. That could be assessing the needs of an individual, to plan their rehabilitation, or helping their manager understand why they might be struggling with a certain task.

What do you like most about your job?

It's very rewarding. I didn't know anything about occupational health before I joined PAM Physio Solutions, but now I feel like I can make more of a

difference. As well as helping people to understand and manage their conditions, I also come up with ways to help people at work. Even though I work from home, I enjoy having spontaneous video calls with colleagues and my team and having an hour away from clients every day to work on our own development.

What do you find most challenging?

Now that I'm managing other people, I have to be mindful that I'm allowing enough time for my one-to-ones with them and signposting them to appropriate learning materials and courses. There are also times when you have more complicated appointments where you realise someone has lots of different conditions (comorbidities) plugging into each other, so it's not a simple case of back pain. But it's resolving those tricky cases that gives me pride and enjoyment in my work..

Why would you recommend working for PAM Physio Solutions?

I can't think of a scenario where I've gone to a line manager or leader and haven't been given adequate support. It's a really supportive, progressive and inclusive organisation, that also cares about equal opportunities and being environmentally friendly. Most of all, I get to finish every day feeling like I made a difference. PAM Physio Solutions also offers hybrid working so I've been supported to have a really good work-life balance.